Where to find us...

**Barley Lea Children’s Centre**
51 The Barley Lea
Stoke Aldermoor
CV3 1DX
Tel: 024 7678 8448
*Bus Route 16A, 16 and 26*

**Gosford Park Children’s Centre**
Humber Avenue,
Stoke
CV1 2SF  (sat. nav. CV1 2AT)
Tel: 024 7678 8489
*Bus Route 16A and 16*

**Middle Ride Children’s Centre** (next to The Hut)
Upper Ride
Willenhall Wood
CV3 3GL
Tel: 024 7678 8430
*Bus Route 13 & 21*

**Free Childcare Funding?**

Did you know that all children aged 3 and 4 years old are entitled to claim funding for up to 15 hours of **FREE** childcare at a Nursery, Pre-school or Child-minder? If you would like more information about how to access this funding please contact your local Children’s Centre.

**New Pre-school opening in Binley**
The Once Upon A Time Pre-school is situated in the John White Community Centre in Grange Avenue and will open it’s doors after Easter. They currently have spaces for 2, 3 & 4 year olds. To find out more you can pop into their ‘open day event’ on Saturday 22nd April between 10.30 am and 12.00 pm or contact Dawn West on 07468 586648 or email onceuponatimepscov@gmail.com

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**South East Children’s Centres Activity Timetable**

**Barley Lea Children's Centre**
**Gosford Park Children's Centre**
**Middle Ride Children's Centre**

2 May 2017 - 21st July 2017
Barley Lea, Gosford Park and Middle Ride Children’s Centres offer a wide range of services for children and families including:

**Family Support**

We work in partnership with families, supporting them to get the most out of family life and help them to:

- Access support and advice from other organisations to help with housing problems, debts, benefits, work, training and much more
- Get ready to have a baby and to be the best parent they can
- Ensure their children are safe, healthy, happy and ready for school
- Support their child’s speech and language development and school readiness through the Families Talk Now team

If you would like to have a chat with someone please call Middle Ride on 024 7678 8430, Barley Lea on 024 7678 8448, Gosford Park on 024 7678 8489 or speak to the member of staff running the group you attend.

* Children’s Centre Sessions*

**Baby First (0-12 months)** is a group for parents/carers and their babies and provides advice and guidance on early parenting, breastfeeding, safe sleep, weaning and many more topics.

**Learn with your Toddler (18-30 months)** is a group for parents with children who are mobile and supports parents to prepare their child for Nursery and/or School.

**Family First Sessions: Learning Together (0-4 years)** are family sessions for parents with children under 4. The sessions provide activities and information on children’s development and wellbeing and supports parents to prepare their child for Nursery and/or school.

**Work Matters** are informal sessions focussed on the positive benefits of working, confidence, motivation, interview skills, CV advice and much more.

**The Coventry Information Directory** provides information relating to all aspects of childcare, including activities and education, as well as the range of other care and support services available in Coventry. Please call 024 7683 4373 or visit https://cid.coventry.gov.uk/ for further details.

**Steps Toward Employment** brings together a range of local agencies to support adults into employment, training or education.

**Please Note**: all group sizes are limited to the room space available in order to provide a quality experience for children and their families.

Register Online at www.coventry.gov.uk/childrenscentreregistration and we will keep you updated with events and activities for you and your children.
Services offered by Partners in Children’s Centres:

ESOL is a course to help parents learn to speak and read English and achieve a qualification. Adults must enrol with Adult Education by attending an enrolment session and a crèche is also available on site. For more information please visit www.coventry.gov.uk/adulted

Summer Fun is a 5 week course for parents and pre-school children delivered by the Family Learning Team and offers a range of fun activities, stories, songs and rhymes. Please visit Gosford Park Children’s Centre to book a place or call 024 7678 8489.

Coventry Health & Wellbeing Services provide community based drop in sessions for anyone who would like to change their lifestyle. Each session provides 1:1 support suited to individual needs.

Stay and Play Groups are organised by other local agencies. Please contact your local Children’s Centre for an up to date list.

SANDS (Stillbirth and Neonatal Death charity) group meets regularly at Gosford Park Children’s Centre. Please call 024 7678 8489 for more information.

St Catherine’s Church provide a Family Cooking Club, Jigsaws Stay & Play, Citizen’s Advice, Place of Welcome group and a Food Bank. Please call 024 7663 5709 for more information.

Family Links Antenatal: Welcome to the World is an 8 week programme for parents to attend from around 16–20 weeks of their pregnancy. The course supports attachment, nurturing and preparation for family life with a new baby. For more information please call 024 7678 6949.

Family Links Nurturing is a 10 week programme for parents with children aged 6 weeks to 12 years. For more information please call 024 7678 6949.

Parents in Mind is a listening based peer support group for pregnant mums and those with a baby under one year who are facing mental health or emotional difficulties relating to pregnancy/new motherhood.

Youth Clubs aimed at young people aged 11+ offer a range of crafts and activities at the People’s Place on Tuesdays and Wednesdays from 6 pm until 8 pm and the Hagard Community Centre on Mondays and Thursdays from 6pm and 8 pm.

Integrated ‘Acting Early’ Teams

Acting Early teams operate within Children’s Centres and are made up of staff from Social Care, Health Visiting, Midwifery and Children and Family First colleagues. Children’s Centres are dedicated to improving the health outcomes for children and their families.

Families can also meet members of the Health Visiting team at the following Well Baby Clinics:

- Mallings Health, Aldermoor Lane, Thursday 1 pm - 3 pm
- Middle Ride Children’s Centre, Upper Ride, Monday 1 pm - 2:45 pm

Alongside the clinics held on site, Children’s Centres offer advice and support on a range of health topics including breastfeeding, immunisation, stop smoking and healthy eating.

The Infant Feeding Team are at:

- Gosford Park Children’s Centre, Wednesday 1pm - 4 pm
- Barley Lea Children’s Centre, Friday afternoon between 1 pm - 4 pm

Staff offer support and guidance to prospective or new parents on feeding their babies. Please call 07904 984 620 for more information or to book an appointment with a member of the team.

Postnatal Clinics provide appointments with midwives and the opportunity to learn more about services available from the Children’s Centre. Appointments are booked by midwives.

Boobie Buddies is an informal ‘coffee and chat’ group for breastfeeding mums held at Middle Ride Children’s Centre. For more information contact Annemarie on 07847 616878 or via Facebook at:

https://www.facebook.comBoobieBuddiesBreastfeedingsupportgroup
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<th>Day</th>
<th>Barley Lea AM</th>
<th>Barley Lea PM</th>
<th>Middle Ride AM</th>
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<th>Gosford Park AM</th>
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<td>Monday</td>
<td>Family Cooking Club</td>
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<td>Stay &amp; Play</td>
<td>‘Welcome to the World’</td>
<td>Summer Fun</td>
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<td>Antenatal course</td>
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<td>Postnatal Clinic and Infant Feeding</td>
<td>Coventry Health &amp; Wellbeing Service</td>
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<td>Work Matters</td>
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*Activities delivered by the Children’s Centre