Carers’ Forums in Cornwall

Minutes of the TORPOINT Forum held in the Committee Room, Torpoint Town Council, 1-3 Buller Road, Torpoint PL11 2LD on Wednesday 3 May 2017 1.00 – 3.00 pm

Carers in Attendance:
There were three Carers in attendance, including one new Member (hereafter referred to as Forum Members)

Also in Attendance:
Angela Davies Carer Support Practitioner, Kernow Carers Service
Sylvia Johnston, Forums Administrator, Kernow Carers Service
Kate Atkinson, Service User Consultant, Cornwall NHS Foundation Trust

1. Welcome, Introductions and Apologies
Angela welcomed everyone to the meeting. Two of the Liskeard Members attended along with a new Member from Torpoint. As this was the first Carers Forum to be held in Torpoint, Angela undertook to Chair the meeting. As part of the introductions, Kate explained the role of the Cornwall Foundation Trust and the services they provide

2. Actions and Issues Arising from the Last Meeting of the Liskeard Forum and Approval to Publish Minutes
There had been no Actions or Issues from the Liskeard Forum dated 1 February and The Minutes were approved for publication by the Liskeard Members present.
Action: Sylvia to arrange publication.

3. Information from Kernow Carers Service
Angela reported the following:
- Leaflets of a forthcoming event at Penadlake on Friday 2nd and Saturday 3rd June were circulated. The event is being organised by Echo Cornwall to raise funds for local Dementia support groups.
- Information on the Family Information Services which offers support and advice to Carers. Carers can self refer via the website www.supportincornwall.org.uk or by telephoning 0800 587 8191.
- Carers Week takes place this year from 12 – 18th June. Various activities for Carers are being held around the county and as soon as confirmation of venues etc is available, Carers will be advised.
- The Kernow Carers Service is continuing to deliver Carers’ Assessments on behalf of the Council and this is progressing well. A Member asked for further information regarding Carers’ Assessments and Angela explained this is to enable the Carer to voice the problems they face and to find a resolution. At the end of the Assessment there is opportunity for a personal budget for the Carer of up to £400.
- Different avenues for the Service are being explored. A recent application for funding to support aged veterans has been successful.
Linda Byrne, Carer Support Worker, holds a drop-in centre for Carers in Torpoint on the first Friday of the month from 10:00 am to 12:00 noon.

Angela circulated details of courses being run for Carers by PROMAS, many Carers who have attended the course have found them extremely beneficial. Details of forthcoming courses can be found on the website www.promas.co.uk or by telephoning: 01736 339226/07775 756454. Email: info@promas.co.uk

4. Carers Open Discussion

- A Member spoke about problems experienced in his caring role – his cared for has now gone into a nursing home.
- A Member explained her dual caring role and the challenges this brings, one of her cared for suffers from physical illnesses and the other suffers from dementia. The Member had previously been unaware of the Carers Service and the advice and support available. Angela explained that the Service has been working with GP’s surgeries for quite some time to raise awareness. Following discussion with the Member, Angela undertook to arrange a referral for the Member to receive support from a Carer Support Worker. Sylvia is to forward the Member’s details to Angela.

**Action: Sylvia**

The Member felt there was a lack of information on care homes. Angela explained there are differences in residential care homes and Age UK have produced a booklet containing a care home checklist. Age UK can be contacted by telephone on 01872 266383 or email email@ageukcornwall.org.uk. Their website is: http://www.ageuk.org.uk/cornwall.

- Kate distributed various leaflets; Patients Advice and Liaison Service (PALS); Mental Health Courses; I Need Help Cards. She also explained about the Safe Places scheme, whereby various outlets display a logo which indicates that anyone feeling vulnerable can go in and know they will be safe.
- Drop in Centres are held at Derriford Hospital on Tuesdays (Kernow Carers Service) and Thursdays (Plymouth Carers). Carers are welcome to drop in on either of these days.
- Kate also advised of two new Memory cafes in Millbrook and Torpoint and will forward details to Sylvia for circulation to Members.

**Action: Kate**

- A Member asked whether the Minutes of this meeting would also be circulated to Liskeard Members. Sylvia advised she would do so.

5. Review of Actions Raised at this Meeting

Please see Appendix A attached

6. Issues to Raise at the Carers Partnership Board

There were no issues to raise from this meeting.

The meeting closed at 2.30 pm.

The next meetings scheduled for the area are:

**Saltash 17 August 1.00 to 3.00 pm**, Saltash Town Council, The Guildhall, Lower Fore Street, Saltash PL12 6JX.

**Launceston 29 November 1.30 – 3.30 pm** Otho Peter Room, Town Hall, Western Road, Launceston PL15 7AR

All Liskeard and Torpoint Members will, of course, be welcome at these new Forums.

Travel expenses from your home address to your local Forum may be paid
Kernow Carers Service can be contacted at:

Cornwall Rural Community Council, 2 Prince’s Street Truro TR1 2ES.

Telephone: 01872 273952  www.cornwallrcc.org.uk

Email  sylvia.johnston@cornwallrcc.org.uk  jayne.price@cornwallrcc.org.uk
# ACTIONS FROM TORPOINT FORUM DATED 3 MAY 2017

<table>
<thead>
<tr>
<th>Action</th>
<th>Carer Groups Affected</th>
<th>Solution</th>
</tr>
</thead>
<tbody>
<tr>
<td>Approval to publish Minutes of Liskeard Meeting dated 1 February</td>
<td>Agenda item</td>
<td>Sylvia to arrange : Update Actioned 4.5.17</td>
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<tr>
<td>Sylvia to forward details of Member to Angela for onward referral to Family Information Services</td>
<td>OP</td>
<td>Actioned: 4.5.17 Angela has now made a referral</td>
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<tr>
<td>Details of new Memory cafes at Torpoint and Millbrook to be forwarded to Sylvia for circulation to Members</td>
<td>All</td>
<td>Kate</td>
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### ISSUES FROM TORPOINT FORUMDATED 3 MAY 2017

<table>
<thead>
<tr>
<th>Forum: TORPOINT 3 May 2017</th>
<th>Issue</th>
<th>Carer Groups Affected</th>
<th>CPB Action</th>
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<tbody>
<tr>
<td></td>
<td>There were no Issues to raise at CPB from this meeting</td>
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