

	CHESHAM (WATERSIDE)		AMERSHAM		PRESTWOOD & MISSENDEN		HAZLEMERE & LOUDWATER	
	AM	PM	AM	PM	AM	PM	AM	PM
M O N D A Y	<p>For more information on Children Centre's and other activities please visit https://www.bucksfamilyinfo.org or Call Bucks Family Information Service on: 01296 383 065 0845 688 4944</p>		<p>Play and Learn 9:30 – 10:45 All Families Welcome</p> <p>Midwife Clinic 9.30 – 12.30 Appointments booked with your community Midwife</p> <p>Getting to Know your Baby 11.15 – 12.45 Invite from your Health Visitor</p>	<p>Antenatal 13:00- 15:00 Contact your community midwife to book your place</p>				<p>Hartbeeps</p> <p>12pm- 12.45 Baby Land 1pm -1:45 Happy House (for Walkers) to book please email janice@hartbeeps.com Or Call 07970719803 £5.00 if booked in advance £5.50 on the day</p>
T U E S D A Y	<p>Midwife Clinic 9.30 – 12.30 Appointments booked with your community Midwife</p>	<p>Getting to Know your Baby 10.00- 11.30 Invite from your Health Visitor</p>	<p>Short Breaks 9.30 – 12.30 By referral only</p>	<p>National Carers Service</p>  <p>Please call 03330 062 966 for more information</p>	<p>HUB Children Centre</p> <p>Chesham (Waterside) Children's Centre 470 Waterside, Chesham, HP5 1QF 01494 792852</p> <p>waterside.cc@actionforchildren.org.uk</p> <p>New Children's Centre website https://services.actionforchildren.org.uk/bucks-childrens-centres/</p>			<p>Child Health Clinic 2.00 – 3.45 Drop In Clinic</p>
W E D N E S D A Y	<p>Ages & Stages 9.15 – 12.30 Invite from your Health Visitor</p> <p>CDT Therapy Group 11.00 – 12.00 Invitation Only</p>	<p>Breastfeeding Support 1:00 – 3:00 No Appointments Needed</p>	<p>Midwife Clinic 9:30 – 12:30 Appointments booked with your community Midwife</p> <p>Child Minders Group 10.00 – 11.30 3rd Wednesday of month for Child Minders & Nannies</p>	<p>Child Health Clinic 14.00 – 15:30 1st & 3rd Wednesday of month</p> <p>Ages and Stages 4th Wednesday of month Invitation of health team</p>	<p>Little Talkers Invite only</p> <p>10.00 – 11.00 2nd - 30th May Please call 01494 792852 for more information and bookings</p>		<p>Antenatal Classes 13.00 – 16.00 To book your place contact your community Midwife</p> <p>Getting to Know your Baby 14.00 – 15.00 Invite from your Health Visitor</p>	
T H U R S D A Y	<p>Midwife Clinic 9.30 – 12.30 Appointments booked with your community Midwife</p>			 <p>To book an appointment please call 07983215634</p>	<p>Outreach</p>		<p>Grandparents Group 10.00 – 11.30 Please bring fruit/snacks for snack time</p>	<p>Outreach</p>
F R I D A Y	<p>Play & Learn 10.00 – 11.15 All families Welcome</p>	<p>Antenatal 2.00 – 4.00 Contact your community midwife to book your place</p>	<p>Midwife Clinic 9:30 – 12:30 Appointments booked with your community Midwife</p>	<p>Outreach</p>	<p>For more information on Children Centre's and other activities please visit https://www.bucksfamilyinfo.org or Call Bucks Family Information Service on: 01296 383 065 or 0845 688 4944</p>		<p>Ages & Stages 9.15 – 12.30 Invite from your Health Visitor</p>	