

## Healthy Early Years London – a new award scheme funded by the Mayor of London

### The awards

Healthy Early Years London is an award scheme sponsored by the Mayor of London which supports and recognises achievements in child health, wellbeing and education in early years settings. Building on the success of the local Healthy Early Years programme, Healthy Early Years London will help to reduce health inequalities by supporting a healthy start to life across themes that include healthy eating, oral and physical health and early cognitive development.

HEYL complements and enhances the statutory Early Years Foundation Stage framework, adding to the focus on children, families and staff health and wellbeing.

The 4 levels of Awards – HEYL First Steps, Bronze, Silver and Gold – can be used to improve and support practice in all Early Years settings:

- Private, voluntary and independent nurseries
- Early learning and day care in children's centres
- Childminders
- Early Years in schools including schools with two-year old provision
- Nursery schools
- Creches and playgroups

### FREE support available

Health Education Partnership have been commissioned to provide free support to participating settings, this includes:

- Training
- Resource pack
- 1-2-1 support to complete applications at all levels of award
- Menu reviews in line with Eat Better Start Better guidelines
- Events

### How to take part

To take part please register online: <https://www.research.net/r/HEPHEYL>

Once registered, you will receive an email confirmation including details of the free support available and information on how to begin working towards the Bronze award.

### How does this fit in with the local Healthy Early Years awards in Kensington and Chelsea, and Westminster?

If you achieved a Healthy Early Years award between January 2015- September 2018 you will need to convert this into one of the London awards for it to remain valid. For more information please contact Anna via the details below.

If you have any questions, please contact:

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