Health visitors & school nurses working together

Presentation for PSA on Thursday
5th July 2012 – Fullwell Cross Library
Health visiting

• Trained nurses with a minimum of 2 years post qualification experience -> post grad training as Specialist Practitioners in Health Visiting.
• Supported by community nursery nurses and clinical assistants
• Responsible for children & families age 0-5 years
• Currently there are 33 WTE - each with a caseload of 800+
• HV implementation plan - government directive to increase the number of HV’s nationally - crucial role of HV’s in prevention & detection and early intervention.
• Work to a universal and target caseload
• Based in community clinics
• Work in partnership with a range of agencies eg maternity services, social services, GP practices, Children’s Centres
Health Visiting

• Deliver the 0-5 Healthy Child Programme
• Targeted ante-natal services (will be extended to universal)
• New Birth Visit 10 - 14 days
• Maternal Mood assessment 4-6 weeks for vulnerable/targeted mothers & at 10-12 weeks for non vulnerable mothers
• Promote breast feeding
• 8 month check (currently 1 year check carried out by the CNN
• 2- 2 ½ year check carried out by the CNN
• HV duty service daily – telephone & email
• HV consultation clinic appointments for all parents wishing to see a HV
• Safeguarding
• Targeted caseload (vulnerable mothers eg depression
Health Visiting

Other universal services available for 0-5 children & families

- Infant feeding team - contact all mothers 5-7 days. Offer support and intervention where required.
- Antenatal breastfeeding groups.
- Breast feeding support groups - daily throughout the borough
- NBCG at 1 month +
- 6 week check at GP
- Primary immunisations at GP 2-3-4 & 12 months
- Healthy weight team - nutritionist. Support, guidance & advice for families
- Healthy child clinics - facilitated by CNN
- Mini MEND for 2 -5 year olds extending this service for 5 - 7 year olds
- Parent weigh at Children’s Centres
- Post natal groups at Children’s centres
- Children’s Centre
Redbridge school nursing

When children reach 5 years of age the health records are transferred from the health visitor to the school nurse who takes over responsibility for healthcare provision until the young person reaches the age of 19.
Redbridge School Nursing

- The School Health team work within the Children's Trust and the integrated Child & Family Health team.

- The universal team compromises:
  a) Team leader for school Health
  b) Specialist Practitioners School Nurse (SPSN) trained nurses with a minimum of 2 years experience
  c) School Nurses (SN)
  d) Associate School Nurses (ASN)
  e) Clinical Assistants School Health (CASH)

- Based in community clinics.

- Each SPSN and SN has responsibility for a number of schools both primary & secondary (average caseload 4,000 mainstream).

- Mixture of full time and term time staff.

- The team hold health records (electronic and paper) for all children attending Redbridge schools.
Redbridge School Nursing

- All our school nurses are qualified nurses - some paediatric trained
- Most of our Associated School Nurses are paediatric trained
- 6 school nurses have specialist practitioner degrees and 2 are currently in training (3 year training programme in place)
- 3 are Family planning trained - all will have completed “are you ready” training
- 10 hold the community nurse PSHE certificate
- 2 hold the diploma in Asthma care
- Experienced in several areas such as Diabetes, Epilepsy, counselling, parenting, the needs of children/young people etc.
Redbridge school nursing service

• 1 nurse adviser within extended schools
• 1 school nurse - special schools based at the Children’s Centre
• School nurses based in both Newbridge site schools
• Work in partnership with health visitors, staff nurses, nursery nurses, community homecare team, community paediatricians and other key professionals eg EWO’s, social services, school staff speech & language etc.
• Partnership working with key school staff
Main responsibilities

• Child protection/vulnerable children & families
• Care plans /protocols
• LAC children assessment and termly contact.
• Notification of A&E attendance - follow up
• NCMP and follow up clinics for very overweight children
• School nurse clinics.
• School clinics/ special medicals with the community doctor
• Immunisations - HPV and Y10 Booster
• Health promotion /Health education
• PSHE/SRE
• Drop in Sessions for pupils/Parents/teachers
• Chlamydia screening. Pregnancy testing
Public Health Role

National public health initiatives such as:

- The healthy child programme 5 – 19
- Immunisations
- Dental care
- Smoking Cessation
- Safety= road/ medicines /personal
- Mental/emotional well being
- Healthy weight management
- Promotion healthy lifestyles
School nurses working with school staff

- Identified health concerns - two way communication & sharing of information where relevant.

- Joint home visits with EWO/PSA where there are health concerns as appropriate

- Regular meetings to discuss ongoing / new concerns (1/2 termly) either in school or community clinic.

- Partnership working to deliver support & package of care to families as appropriate.

- Meetings to support return to school in particular where there is a diagnosed medical condition.

- CAF - team around the child
Health Visiting/School Nursing - working together

• Any Questions ???