Do you care for someone with dementia?

About Alzheimer’s Society
Alzheimer’s Society is the UK’s leading support and research charity for people with dementia, their families and carers. We run quality services, fund research, advise professionals and campaign for improved health and social care and greater public understanding and awareness of dementia.

alzheimers.org.uk
National Dementia Helpline:
0300 222 1122

For more information about your local Carer Information and Support Programme please contact the Alzheimer’s Society local office in North & North East Lincolnshire

T: 01724 848594
E: adminnlincs@alzheimers.org.uk

Courses are held throughout the year, please contact the office for further details: North & North East Lincolnshire, Suite 21, Queensway Business Centre, Dunlop Way, Scunthorpe, North Lincolnshire, DN16 3RN

Contact our North and North East Lincolnshire office

Thank you to Lloyds Banking Group for funds raised to support this programme through the Live Well campaign 2013-15.
What is the Carer Information and Support Programme?

The Carer Information and Support Programme is a series of workshops for people caring for a family member or friend with dementia. It provides an opportunity for you to talk in a friendly and confidential environment about your experiences and the impact they are having on you.

The workshops aim to provide you with information and support.

Topics will include:
- what is dementia?
- how you can support and care for someone with dementia
- the support services that are available
- planning for the future.

Who will be there?

The workshops are run by Alzheimer’s Society staff and volunteers for a group of up to 12 people who care for a family member or friend with dementia.

Respite care during the sessions may be available in your area. Please contact your local Alzheimer’s Society office for more information.

‘The course has provided me with an opportunity to share ideas, tips and, perhaps most importantly, some of my biggest fears.’

Workshop participant