



# County Durham Families Information Service



**Due to the ongoing coronavirus situation not all services and activities listed on this website will be operating as normal. Click here for more information.**

## ERIC (Education and Resources for Improving Childhood Continence)

Education and Resources for Improving Childhood Continence (ERIC) is a national charity providing information and support to children, young people, parents and carers on all aspects of childhood continence including bedwetting, daytime wetting, soiling and constipation.

ERIC has lots of useful information, including a series of leaflets to download and message boards, can be found on the ERIC website.

A large range of useful resources including bedding protection, bedwetting alarms, literature and washable absorbent underwear are available to purchase from the ERIC webshop.

### When is it on?

**Session information** Our Helpline is open Monday to Thursday from 10.00am - 2.00pm.

### Who to contact

**Contact position** Helpline  
**Telephone** 0808 169 9949  
**Website** [www.eric.org.uk](http://www.eric.org.uk)  
**Notes** Charity number: 1002424

### Where to go

**Address** 36 Old School House  
Britannia Road  
Kingswood  
Bristol  
**Postcode** BS15 8DB

### Disclaimer

**Durham County Council's Families Information Service does not promote nor endorse the services advertised on this website. Anyone seeking to use/access such services does so at their own risk and may make all appropriate enquiries about fitness for purpose and suitability to meet their needs.**

Call the Families Information Service: **03000 269 995** or email: **[fis@durham.gov.uk](mailto:fis@durham.gov.uk)**



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