



# County Durham Families Information Service

## Epilepsy Outlook

If you have epilepsy, or care for someone who does, we can provide advice, information and advocacy to support you. We have advice workers who can meet you by appointment in the office, or we will visit your home if necessary.

Our services include:

- free confidential practical support, advice and information to people with epilepsy
- epilepsy awareness training
- drop-in session on Mondays from 12 noon - 4.00pm
- relaxed art classes on Tuesdays and Fridays from 9.30am - 4.00pm
- crafts - Wednesdays from 10.00am
- card making class - Thursday 1.00pm - 4.00pm
- supported volunteer placements

Telephone helpline: 01429 297 007

### When is it on?

**Session information** Advice Centre - Monday to Friday  
10.00am - 4.00pm

### Who to contact

**Contact name** Jacqueline Gettings  
**Contact position** Manager  
**Telephone** 01429 297 007  
**E-mail** [info@epilepsyoutlook.org.uk](mailto:info@epilepsyoutlook.org.uk)  
**Website** [www.epilepsyoutlook.org.uk](http://www.epilepsyoutlook.org.uk)  
**Notes** Charity number 701140

### Where to go

**Address** The Arches  
79 Park Road  
Hartlepool  
Cleveland  
**Postcode** TS24 7PW

### Local Offer

**Local Offer description** Access is available for wheelchair users to obtain information and advice.

## Disclaimer

**Durham County Council's Families Information Service does not promote nor endorse the services advertised on this website. Anyone seeking to use/access such services does so at their own risk and may make all appropriate enquiries about fitness for purpose and suitability to meet their needs.**

Call the Families Information Service: **03000 269 995** or email: **[fis@durham.gov.uk](mailto:fis@durham.gov.uk)**



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