



Due to the ongoing coronavirus situation not all services and activities listed on this website will be operating as normal. Click here for more information.

Anorexia and Bulimia Care

We are a national UK eating disorders organisation with over 25 years of experience in supporting individuals and families affected by eating disorders.

We support the emotional and physical needs of those with eating disorders and also their immediate families, friends and colleagues. We provide on-going support through our helpline and adult befriending service, practical strategies for recovery and tailored nutritional guidance via our registered dietitian.

Our website has over 50 pages of information including a specialist help directory and we have a recovery focused blogsite for young people.

We have written the first eating disorder training course for GPs through the Royal College of General Practitioners.

When is it on?

Session information Monday to Friday 9.30am - 5.30pm

Who to contact

Telephone 03000 11 12 13 option 1
E-mail support@anorexiabulimiare.org.uk
Website www.anorexiabulimiare.org.uk
Notes Charity number 1155686

Where to go

Name Saville Court Business Centre
Address 10-11
Saville Place
Clifton
Bristol
Postcode BS8 4EJ

Disclaimer

Durham County Council's Families Information Service does not promote nor endorse the services advertised on this website. Anyone seeking to use/access such services does so at their own risk and may make all appropriate enquiries about fitness for purpose and suitability to meet their needs.

Call the Families Information Service: **03000 269 995** or email: **fis@durham.gov.uk**



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