



County Durham Families Information Service



Mears Care

We provide flexible care for older people and adults or children with additional individual support neewho want to continue living in their own homes. We can provide extra support at home, whether it be short term help after a hospital stay or longer term assistance with personal care and every day living.

Our friendly, fully qualified carers can help you with:

- getting in and out of bed
- washing
- dressing
- cooking
- cleaning
- medication
- shopping

All our services are tailored to suit you and your individual needs. Whether you need just one hour a week or full time live in care we can provide you with the support you need. If you would like more information on our services please call us for an informal chat.

Who to contact

Telephone	0333 321 8291
E-mail	longbenton.care@mearsgroup.co.uk
Website	https://www.mearsgroup.co.uk/

Where to go

Name	First Floor
Address	Park View House Front Street Longbenton Newcastle upon Tyne
Postcode	NE7 7TZ

Other details

Referral and availability notes	People with learning disabilities.
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Disclaimer

Durham County Council's Families Information Service does not promote nor endorse the services advertised on this website. Anyone seeking to use/access such services does so at their own risk and may make all appropriate enquiries about fitness for purpose and suitability to meet their needs.

Call the Families Information Service: **03000 269 995** or email: **fis@durham.gov.uk**



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