



Due to the ongoing coronavirus situation not all services and activities listed on this website will be operating as normal. Click here for more information.

Pioneering Care Partnership (PCP)

Pioneering Care Partnership (PCP), is an award-winning, highly respected user-led charity. PCP mission is 'Health, Wellbeing and Learning for All' and we aim to 'support the development of individual and community capacity by creating opportunities to improve the health, wellbeing and life chances of disadvantaged communities.'

PCP achieves this by delivering community projects across the North East and from our fully accessible, purpose built multi-agency healthy living centre, the Pioneering Care Centre.

The Pioneering Care Centre in Newton Aycliffe is home to a range of accessible activities designed to bring people together and support healthier. A community hub that provides a range of health and wellbeing activities including; exercise classes, learning workshops, a community garden, community coffee shop, hydrotherapy pool, natural therapies, employability support services, and disability projects, including Options. The Centre also houses a GP Practice, Pharmacy, Mental Health Services, Children's Nursery, Speech and Language Service and other health and social care services. PCP also delivers 28 projects in the North East, engaging with approximately 50,000 people each year.

PCP's services and projects aim to:

- improve access to services for disadvantaged communities and groups;
- improve confidence, self esteem and wellbeing;
- promote independence, choice and control;
- improve lifestyle;
- increase knowledge and skills;
- improve physical health;
- improve economic wellbeing;
- build community capacity and;
- promote social inclusion;

PCP takes a strengths-based approach aspires to build capacity with individuals and communities enabling them to improve their own health and wellbeing.

When is it on?

Time of day	Morning Afternoon Evening
Session information	Monday to Thursday 8.30am - 9.00pm Friday 8.30am - 6.00pm Saturday 9.00am - 2.00pm

Who to contact

Telephone	01325 321 234
E-mail	enquiries@pcp.uk.net
Website	www.pcp.uk.net

Where to go

Name	Pioneering Care Centre
Address	Carers Way Newton Aycliffe County Durham
Postcode	DL5 4SF

Other details

Cost description	Please call for more information.
Referral required?	No
Referral and availability notes	Both the Hydrotherapy Pool and Therapy Suite are open to all client groups across County Durham. Concessionary rates are available for carers, people in receipt of means tested benefits and those claiming state pensions.

Local Offer

Local Offer description	Premises are accessible.
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Call the Families Information Service: **03000 269 995** or email: fis@durham.gov.uk



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