



Due to the ongoing coronavirus situation not all services and activities listed on this website will be operating as normal. Click [here](#) for more information.

New Steps

We offer day care provision for people with disabilities. We provide high quality of care and support for people in a community setting, with a person centred approach to offer opportunities and experiences for people to promote choice, inclusion, dignity, independence and fulfilment.

New Steps is a small friendly and caring organisation with people at our heart. Our service users will be central in all aspects of planning, delivery and review of their care. We have established links within the local community which will enable our service users to build and maintain their positive sense of self worth.

We develop programmes which are interesting, fulfilling and creative providing opportunities that reflect the service users interests.

We offer a wide variety of activities including:

- exercises
- sports
- games
- art
- swimming
- craft
- basic education
- music
- therapy
- cookery
- rambles
- healthy eating
- pamper sessions
- farm visits
- outings to parks, the coast and local attractions.

We have knowledge and experience of and respect for the interests and preferred lifestyles of our service users. We believe that people should be treated as individuals, so we utilise a key worker and support planning approach.

When is it on?

Session information Monday to Friday 8.30am - 4.00pm
Open all year except bank holidays.

Who to contact

Contact name Claire Ledger
Contact position Manager
Telephone 0191 389 4850
07742 172 080
E-mail Newsteps3@gmail.com

Where to go

Name New Steps Care in the Community LLP
Address Unit 9
Turn Park
Station Road
Chester-le-Street
County durham
Postcode DH3 3DY

Disclaimer

Durham County Council's Families Information Service does not promote nor endorse the services advertised on this website. Anyone seeking to use/access such services does so at their own risk and may make all appropriate enquiries about fitness for purpose and suitability to meet their needs.

Call the Families Information Service: **03000 269 995** or email: fis@durham.gov.uk



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