

# Dear Albert - Free Drug and Alcohol Recovery Resources

Monday to Sunday 8am to 10pm

Dear Albert is a social enterprise which specialises in peer mentoring and making recovery more visible by bringing together existing resources. We have close links with peer support fellowships such as Smart Recovery, NA, AA and work in close collaboration with statutory funded drug and alcohol agencies, private rehabs, local authorities and substance misuse charities.

We can also provide phone and referral support to substance clients with SEND needs, such as mental health, emotional health, learning disabilities, behavioural difficulties and physical difficulties through the often challenging road to recovery.

We provide a free national helpline to support clients and families in crisis with drugs and alcohol. We work with clients and families (short to long-term) to resolve resistance/ambivalence and increase motivation for change. We undertake assessments which enable us to support clients into an appropriate treatment programme.

We offer a national social media peer support network and publish a magazine called Service User News, which is designed to address topics of recovery and signpost to local free resources.

We have recently developed a cartoon character called 'Our Albert' which aims to communicate specifically to young people. Future editions of Service User News will integrate the rest of the cartoon family and will start to deliver family related messages of support and recovery.

We also provide local film viewings of the acclaimed Dear Albert Recovery Documentary by Nick Hamer and drug and substance misuse education events to local authorities and drug and alcohol services throughout the year.

## Who to contact

<b>Contact Name</b>	Jon Roberts
<b>Contact Position</b>	Drug and Alcohol Counsellor
<b>Telephone</b>	0800 880 3153
<b>E-mail</b>	connect@dearalbert.co.uk
<b>Website</b>	www.dearalbert.co.uk

## Where to go

<b>Name</b>	The Stairway Project,
<b>Address</b>	Recovery Hub, 68 Humberstone Gate, Leicestershire
<b>Postcode</b>	LE1 3PL

## When is it on?

<b>Date &amp; Time Information</b>	Monday to Sunday 8am to 10pm
<b>Time of day</b>	Morning Afternoon Evening
<b>Session Information</b>	Call for details

## Other details

<b>Referral required?</b>	No
<b>Referral and availability notes</b>	All referral sources are excepted
<b>Notes</b>	

We support complex needs including:

Physical Disabilities, Learning Disabilities, Mental Health

Problems, Dual Diagnosis, Behavioural Problems,  
and Personality Disorders.

**QUICK SEARCH SERVICES IN YOUR AREA:**

**A B C D E F G H I J K L M N O P Q R S T U V W X Y Z**  
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